



First Sunday of Lent – March 10, 2019



WEEKLY SCHEDULE HORARIO DE LA SEMANA

Sunday/domingo, March 10th-First Sunday of Lent

Mass: Regular Schedule

Coffee Hour sponsored by the Filipino Ministry

Monday/lunes, March 11th

Morning Prayers, 8:30 am, chapel, Mass 9:00 am, church
Estudio Bíblico, 9:30 am, Salón 1

Misa, 6:15 pm

English Prayer Group, 7:00 pm, PC Dining Room
Grupo Carismático 7:00 pm, Salón Hyland

Tuesday/martes, March 12th

Morning Prayers, 8:30 am, chapel, Mass 9:00 am, church
OLPH Novena at 9:00 am followed by Mass

Misa, 6:15 pm

Wednesday/miércoles, March 13th

Morning Prayers, 8:30 am, chapel, Mass 9:00 am, church
Rosary and Divine M.C., 12:30 pm to 2:00 pm, Adoration Chapel

Misa, 6:15 pm

Thursday/jueves, March 14th

Morning Prayers, 8:40 am, chapel, Mass 9:00 am, church
Bingo, 11:30 am, Parish Center

Misa, 6:15 pm

Jóvenes Para Cristo, 7:00 pm, Comedor

Friday/viernes, March 15th

Office closed

Morning Prayers, 8:30 am, chapel, Mass 9:00 am, church
Fraternidad CC de Mujeres, 9:00 am, Salón 9
Bingo, 6:00 pm, Parish Center
Stations of the Cross, 5:30 pm, Church
Viacrucis, 7:00 pm, iglesia

Saturday/sábado, March 16th

Mass: regular schedule

Confessions 3:00 pm - 4:00 pm

Sunday/domingo, March 17th-Second Sunday of Lent

Mass: Regular Schedule

Potluck to celebrate St. Patrick's Day, 12:00 noon, Hyland Hall



OFFICE CLOSED
Next Friday, March 15, 2019

The parish and the faith formation offices will be closed on Friday, March 15th due to the staff attending a planning meeting.

We ask all groups and organizations to please pick up the keys for the weekend on Thursday, March 14th during office hours.



Potluck to Celebrate St. Patrick's Day

Sunday,
March 17, 2019

You are invited to come together to celebrate St. Patrick's Day. A potluck will take place in Hyland Hall on Sunday, March 17th at 12 noon.

Don't forget to bring your favorite dish to share with others.



Lenten Retreat *Time of Repentance, Prayer and Fasting*

Saturday, March 23rd
Mass: 8:30 am, Retreat: 9:00 — 12:00 noon
Hyland Hall

Presenter: Deacon John Langmead

The Lent season is a time to recognize our link to baptismal renewal. We are called not just to abstain from sin during Lent, but to true conversion of our hearts and minds as followers of Christ. We recall those waters in which we were baptized into Christ's death, died to sin and evil, and began a new life in Christ.

Everyone is invited, especially leaders of ministries and organizations.

Hope to see you there!

For more information contact the
parish office at 951 929-6131





STATIONS OF THE CROSS Fridays of Lent

5:30 p.m. - English in church



LENTEN PENANCE SERVICES

The following services have been scheduled to help you prepare for Lent and the Easter Season. Please feel free to attend any of the scheduled penance services.

Our Lady of the Valley , Hemet
Monday, March 11th, 6:30 pm

St. Anthony , San Jacinto
Tuesday, March 26th, 6:30 pm

Holy Spirit, Hemet
Thursday, April 11th, 7:00 pm



FOOD FOR THE COMMUNITY PANTRY

Once again, this year during Lent, Our Lady of the Valley will be collecting food for the Community Pantry. It is our obligation to help the less fortunate in our community. Let us come together as a parish family and do our part. Your donation of canned goods and non-perishable items can be brought to the parish office during regular business hours. Monetary donations will also be accepted.

Please make your checks payable to "Community Pantry" and mark your donated items.

Note: Please do not bring food that has already been opened or with an expired date.

REPORT SEXUAL ABUSE

To report sexual abuse of a child by a priest, deacon, employee, or volunteer, call the toll free *Sexual Misconduct Hotline* **1-888-206-9090**.



*Our Sincere Condolences
to the family of :*

**Alice Stein +
Rogelio Soto Hernandez. +
Irene Knickerbacher +
Jesus Escalera +**

Who passed from death to the fullness of life.

*May eternal rest be granted to them and may
perpetual light shine upon them. Amen.*



Parish Reader Formation & Training

Intermediate Course

Presenter: Clare Colella

This formation and training is an intermediate course for ministers who have been reading for at least two years in the parish. It will cover the techniques required for proclaiming God's Word as well as background on the Church, Scripture and the Lectionary. It is also an opportunity to practice and receive personal feedback on the skills learned.

Dates:

Thursday, March 14, 6 to 9 pm

Saturday, March 16, 9 to 3 pm

Saturday, March 30, 9 to 3 pm

Thursday, April 4, 6 to 9 pm

Attendance to all classes is required to receive certificate of completion.

The classes will take place in:

Diocesan Pastoral Center
1201 E. Highland Ave.
San Bernardino, Ca. 92404

The cost is \$45 per person.

For more information please call the Office of Worship at 909-475-5339 or visit their website at www.sbworship.com.



Scrip Sales

The scrip sales for the month of February were \$11,585.00 The profit for our parish was \$643.10.

Get the scrip habit!
The success of this fundraiser depends on you!



**American
Red Cross**

Blood Drive

A big thank you to the blood donors who made the blood drive a success.

14 units of blood were collected from our parishioners that potentially will save 42 lives.

Problem Gambling Awareness Month March 2019

Play Responsibly

If you are concerned that gambling is becoming more than a game for you, try using these guidelines to moderate your play:

- ◆ Think of the money you spend as the cost of your entertainment.
- ◆ Set a dollar limit and stick to it.
- ◆ Set a time limit and stick to it. Leave when you reach your limit whether you are winning or losing.
- ◆ Understand that you will probably lose, and accept the loss as part of the game.
- ◆ Don't borrow money to gamble.
- ◆ Don't let gambling interfere with or become a substitute for family, friends or work.
- ◆ Don't chase losses. Chances are you will spend even more trying to recoup your losses.
- ◆ Don't use gambling as a way to cope with emotional or physical pain.
- ◆ Know the warning signs of problem gambling behavior.

Need help? Someone is waiting to talk to you 24/7.

Call 1800-GAMBLER (426-2537)

Text SUPPORT to 53342

Chat 800gambler.chat

Services are confidential and at no cost.

*The
Season
of
Lent*



Lenten Reflection The 7 Deadly Sins

Pride: An excessive love of self or the desire to be better or more important than others.

Lust: An intense desire, usually for sexual pleasure, but also for money, power or fame.

Gluttony: Over-consumption, usually of food or drink.

Greed: The desire for and love of possessions.

Sloth: Physical laziness, also disinterest in spiritual matters or neglecting spiritual growth.

Anger or wrath: Uncontrolled feelings of hatred or rage.

Envy and jealousy: Sadness of desire for the possessions, happiness, talents or abilities of another.

CALLING ALL LADIES -- MARK YOUR CALENDAR!

If you are interested in growing in faith and creating a stronger personal relationship with Christ, you are cordially invited to join us for the inaugural meeting of the FCCW (Fellowship of Catholic Christian Women [English speaking]) In part, the mission of the fellowship is to foster Catholic Christian Women in building a faith community, promoting the development of the spiritual life of every woman, and outreach as a group in ministry. Note, this is a fully recognized Apostolic Ministry group in the Diocese of San Bernardino. There will be a table out at the main entrance of the Church during the weekend of Saturday, March 30th and Sunday, March 31st to sign up and learn more. Our first meeting will be held on Saturday, April 6th at 10:00 AM in room # 11. The FCCW regional representative will be on hand to give an overview of this ministry. Light refreshments will be available. You may contact Carmela Licita at (951) 282-1176 or Johnni Brown at (951) 925-3528 (message phone). We'd love to see you there!

Stewardship Message

1st Sunday of Lent

"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me." (DEUTERONOMY 26:10)

This line from the Old Testament offers two challenges. First, do you give to God from your "first fruits", the best that you have to offer, or do you give from what is leftover? Second, do you recognize that everything you have has been given to you by God? Ask God for a grateful and generous heart, every day, in all circumstances.

Primer Domingo de Cuaresma – 10 de Marzo del 2019



VIACRUCIS
Los Viernes de Cuaresma
7:00 p.m. - Español
en la Iglesia



SERVICIOS PENITENCIALES DE CUARESMA

Se han programado los siguientes servicios penitenciales para ayudarle a prepararse para el tiempo de cuaresma y pascua. Favor de asistir a cualquiera de estos servicios.

Nuestra Señora del Valle, Hemet
Lunes, 11 de marzo, 6:30 de la tarde

St. Anthony, San Jacinto
Martes, 26 de marzo, 6:30 de la tarde

Holy Spirit, Hemet
Jueves, 11 de abril, 7 de la noche



COMIDA PARA LA DESPENSA COMUNITARIA

Este año durante la Cuaresma, Nuestra Señora del Valle de nuevo estará aceptando donaciones de comida enlatada para la despensa comunitaria. Unámonos como una familia parroquial y hagamos nuestra parte al ayudar a las personas que se encuentran en necesidad. Puede traer sus donaciones de comida enlatada y comida no-perecible a la oficina parroquial durante horas hábiles de oficina.

También se aceptarán donaciones monetarias. Favor de hacer su cheque a nombre de "Community Pantry" y de marcar los artículos que desea donar.

Note: Favor de **no** traer comida que ha sido abierta.

REPORTE EL ABUSO SEXUAL

Para reportar el abuso sexual de un menor por parte de un sacerdote, diácono, empleado o voluntario, llame a la *Línea Directa de Conducta Sexual Inapropiada* al **1-888-206-9090**.



Oficinas Cerradas
Viernes, 15 de Marzo del 2019

La oficina parroquial y la oficina de Formación de Fe estarán cerradas el viernes, 15 de marzo debido a que los empleados estarán asistiendo a una junta de planeación.

Les pedimos a todos los grupos y organizaciones que por favor recojan sus llaves del fin de semana el jueves durante horas hábiles de oficina.



Formación y Preparación para Lectores Parroquiales

Curso Intermedio

Presentadora: Petra Alexander

Este curso es para ministros que han sido lectores por mas de dos años en la parroquia. El curso cubrirá conocimientos sobre la Iglesia, las Escrituras, el Leccionario y sobre el Año Litúrgico. También tendrá la oportunidad de practicar la proclamación y ser evaluado durante el curso.

Fechas de clases:

Jueves, 14 de marzo de 6 a 9 de la noche

Sábado, 16 de marzo de 9 a 3 de la tarde

Sábado, 30 de marzo de 9 a 3 de la tarde

Jueves, 4 de abril de 6 a 9 de la noche

Es requisito asistir a todas las clases para obtener certificado de participación en el curso.

Las clases se llevarán a cabo en:

Centro Pastoral Diocesano
1201 E. Highland Ave.
San Bernardino, Ca. 92404

El costo es de \$45 dls. por persona.

Para más información favor de llamar a la oficina del Culto Divino al 909-475-5339 o visite la pagina de internet www.sbworship.com.

CUARESMA



Reflexiones de Cuaresma Los Siete Pecados Capitales

Orgullo: un amor excesivo hacia uno mismo o el deseo de ser mejor o más importante que los demás.

Lujuria: un deseo intenso, generalmente por placer sexual, pero también por dinero, poder o fama.

Glotonería: consumo excesivo, generalmente de comida o bebida.

Codicia: el deseo y el amor por las posesiones.

Pereza: pereza física, también desinterés por los asuntos espirituales o descuidar el crecimiento espiritual.

Ira: sentimientos incontrolables de odio o rabia.

Envidia y celos: tristeza del deseo por las posesiones, felicidad, talentos o habilidades de otro.

Aparte La Fecha

Retiro de Cuaresma

Tiempo de Arrepentimiento, Oración y Ayuno

Martes, Miércoles y Jueves, 19, 20 y 21 de Marzo
Retiro: 7:00 — 9:00 pm, Iglesia

Presentador:
Diácono José Ibarra

La temporada de Cuaresma es un tiempo para reconocer nuestro enlace en nuestra renovación bautismal. Estamos llamados no solo a abstenernos de pecar durante cuaresma, sino también a la conversión verdadera de nuestros corazones y mentes como seguidores de Jesucristo. Recordamos aquellas aguas en las que fuimos bautizados en la muerte de Cristo, morimos al pecado y al mal, y comenzamos una nueva vida en Cristo.

Todos están invitados, especialmente los líderes de ministerios y organizaciones. ¡Los esperamos!

Para más información llamar a la oficina parroquial al 951 929-6131

La Cuaresma es
un tiempo para
acercarnos más
a Jesús



Convivio para Celebrar el Día de San Patricio

Domingo,
17 de Marzo del 2019

Le invitamos a celebrar el Día de San Patricio en un convivio que se llevará a cabo en el salón Hyland el domingo, 17 de marzo a las 12 del medio día.

Es de traje, no olvide traer su platillo favorito para compartir con los demás.

Mes de la Prevención del Juego Patológico Marzo 2019

Juegue responsablemente

Si le preocupa que el juego se está convirtiendo en algo más que una diversión para usted, intente seguir estos consejos para moderar su manera de jugar:

- ◆ Piense que el dinero que pierde es el precio que paga por su diversión.
- ◆ Determine una cantidad límite y no la sobrepase.
- ◆ Determine el tiempo de juego y no lo sobrepase. Retírese del lugar cuando alcance su límite, ya esté ganando o perdiendo.
- ◆ Comprenda que lo más probable es que pierda, y acepte esa pérdida como parte del juego.
- ◆ No pida dinero prestado para apostar.
- ◆ No deje que el juego interfiera con su familia, amistades o trabajo o que se convierta en un sustituto de estos.
- ◆ No intente recuperar lo perdido. Lo más probable es que pierda aun más intentándolo.
- ◆ No use el juego como manera de lidiar con el dolor físico o emocional.
- ◆ Conozca la señales que indican problemas con el juego.

¿Necesita ayuda? Alguien está esperando para hablar con usted las 24 horas, 7 días a la semana.

Llamar a 1800-GAMBLER (426-2537)
Texto a SUPPORT a 53342
Conversar a 800gambler.chat
Los servicios son confidenciales y sin costo.